

## OAT Registration and Preparation

The OAT is developed and administered by the [Association of Schools and Colleges of Optometry \(ASCO\)](#). Prepare yourself for the OAT by reading the [OAT Guide](#) – ideally before registration.

### **Register for the OAT**

- Obtain a [PIN](#)
- [Apply](#) and pay for the OAT
- Schedule a test date at a Prometric test center *after* you register and pay for the test

### **Review for the OAT**

There are many ways students choose to review for the OAT ranging from prep courses to test prep books to individual review coupled with practice tests. UND is a [Kaplan Test Prep](#) partner, meaning UND students receive a significant discount on Kaplan's test prep courses when they [register through UND's website](#). Below you will find a list of various review materials that previous students have utilized and recommended.

#### [ASCO](#)

- Offers full and partial practice tests

#### [Kaplan](#)

- Prep courses, review book, practice tests and Qbank
- If you opt for a Kaplan course, be sure to [register through UND](#) to receive a discount

#### [Anki Flashcards](#)

- Free flashcard app. Create your own cards or download a pre-made deck
- Utilizes a spaced repetition system for maximum retention

#### [Cracking the OAT](#) (Princeton Review)

- Review book with testing strategies, practice questions, explanations, practice tests

#### [Crack the OAT](#)

- Video lessons, practice tests, flashcards

#### [OAT Destroyer](#) by Orgoman

- Subject review, problems and solutions for all sections - good for Organic Chemistry

#### [OAT Flashcards](#) by Mometrix

## Suggested Timeline for OAT Preparation and OptomCAS Application

### **Fall semester**

⇒ Select review materials and make a study plan for spring semester

### **Weeks 1-8 of Spring Semester**

⇒ Register for a June test date in January-March

### **Spring Break**

⇒ Fill out [WICHE](#) forms if applicable (residents of Ak, AZ, CO, HI, MT, NM, ND, UT, WY)

### **Weeks 9-16 of Spring Semester**

⇒ Review and take practice tests

### **June**

⇒ Take OAT

### **July**

⇒ Work on OptomCAS (aim to submit end of July, will be released to schools beginning in August)

### **August-November**

⇒ Secondary applications (aim to submit within 2 weeks of receipt)