

Suggested Methods/Materials for OAT Preparation

Learn about the OAT by reading the [OAT Guide](#). The OAT is offered almost any day of the year.

Register for the OAT (- schedule your date with a test center *after* you pay)

- Obtain a [PIN](#)
- [Apply](#) and pay for the OAT

Schedule a Test Date

- At a Prometric test center *after* you register and pay for the test

Review for the OAT

There are many ways students choose to review for the OAT ranging from online or in person prep courses to test prep books. UND is a [Kaplan Test Prep](#) partner and offers a discount to UND students for their Online and DIY (formerly Live Online and Self-Paced) courses. There are additional materials available to prepare for the OAT. Below you will find a few of the review materials that previous students have utilized.

[ASCO](#)

- Offers full and partial practice tests

[Kaplan](#)

- [Prep Courses](#), subject [review books](#), and adaptive [Qbank](#)
- Testing strategies, practice questions, explanations, practice tests
- If you opt for a Kaplan course, be sure to [register through UND](#) to receive a discount

[Cracking the OAT](#) (Princeton Review)

- Testing strategies, practice questions, explanations, practice tests

[Crack the OAT](#)

- Offers tests, questions and explanations for all sections –separate or bundled

[OAT Destroyer](#)

- Offers subject review, problems and solutions for all sections - good for Organic Chemistry

[OAT Flashcards](#) by Mometrix

Suggested Timeline for OAT Preparation

Fall semester

- ⇒ Learn as much as you can about the test
- ⇒ Make a study plan for spring semester
- ⇒ Get review materials

Weeks 1-8 of Spring Semester (Choose a test date and register for it sometime during January or February)

- ⇒ Review and take practice tests

Spring Break

- ⇒ Fill out WICHE forms (AK, AZ, CO, HI, ID, MT, NV, ND, UT, WA, WY residents)

Weeks 9-16 of Spring Semester

- ⇒ Review and take practice tests

Late May

- ⇒ Take Final Practice Test

Early - Mid June

- ⇒ Take OAT for first time

July

- ⇒ Work on OptomCAS (try to submit by July 30th)

August

- ⇒ Retake OAT if necessary (need to wait 90 days from first testing date)