

Three Photos

Rachel Held

Artist's Statement

I am drawn to the quiet moments when something in nature makes me pause, and these images reflect my desire to capture my exact point of view in those instances. Whether it was a dog resting in bright green grass, sunlight stretching across an open field, or a sky glowing with pink and orange at sunset, I wanted each photograph to feel like the viewer is standing where I stood, seeing what I saw, and feeling that same sense of calm and awe. My goal was not just to document a scene, but to preserve the emotion of recognizing beauty in an ordinary moment. I believe beauty in nature can be found anywhere and at any time. It can be seen in familiar places, everyday surroundings, and fleeting light if we are willing to slow down and notice it. Through these photographs, I hope to encourage others to look more closely at the world around them and realize that extraordinary beauty often exists within the simplest moments.

Reach for the Sky



A Day in Nature



Let the Light in



Rachel Held, who is a Hagan Scholar, is a sophomore at UND studying English and journalism. She enjoys reading, writing, and watching movies with her dog. She likes to read and write poetry in and out of class. She also enjoys taking photos of nature. Her future goals are to study abroad and to be a published novelist.