Welcome to all the new freshmen and transfer students!! This monthly newsletter is how I keep Pre-Health students up to date on all of the “need to know” things associated with life here at UND. Please be sure to read it thoroughly! Not everything might apply to you now, but eventually it may!!

Greetings to returning advisees!! I hope this finds you rested from the summer and eager to attack the challenges of another new school year!!!!

1. Fall Semester 2016 dates to remember
   - Last day to apply to graduate December 2016: September 20
   - Spring 2017 schedule of courses available on the web: October 7
   - Spring 2017 Registration appointment times posted in your CC: October 28
   - Last day to drop a course or switch to S/U grading: November 10
   - Registration for Spring 2017 semester courses: October 31 - November 18

2. Pre-Health webpages are a “must read”!
   Be sure to check out all of my webpages for all Pre-Health Programs. The address is: http://arts-sciences.und.edu/pre-health/. You can also find them listed individually under “P” in the UND A-Z index. Announcements for meetings/events; handouts; links to important sites; my office hours and instructions for making appointments… it’s all there!!! I am always tweaking these pages and would appreciate any feedback from you. I hope you find them informative and easy to use!

3. New Pre-Health Guides/Planners on all Pre-Health web pages!!
   I have updated and expanded all of my Pre-Health Guides – they are now called a Guide/Planner on each webpage and were posted at the end of last week. Please use these updated versions when planning your time here at UND or meeting with me.

4. Use Starfish to make appointments with me!
   Starfish made its debut last spring and we are now using it exclusively to schedule appointments with advisors in Arts and Sciences. You can find the login by hovering over “My UND” at the top right corner of the UND home page or by using this login: https://und.starfishsolutions.com/starfish-ops/support/login.html. Please remember these points of etiquette for appointments:
   - My appointments are only ½ hour in length – please do not request longer ones!!
   - Choosing a time in Starfish only requests the appointment – it is up to me to accept it. You will get an e-mail accepting or denying your request (usually the same day, but sometimes a day or two later) so be sure to check your e-mail for it
   - Be sure to choose a time that has space on either side of it! Sometimes I get behind!!
   - Be on time! If you are late, you won’t get the full ½ hour from me!!
   - If you can’t make it, be sure to cancel your appointment either through Starfish or by calling our main office at 777-2749
   - If you can’t get Starfish to work, call our main office at 777-2749

5. Attention Sophomores, Juniors and Seniors
   If you are continuing in your Pre-Health Program and hope to meet with me individually to discuss your Spring 2017 schedule, make your appointment NOW!!!! September is a great time to meet and I have lots of openings. Once October begins, however, my times fill up very quickly. I can only see about 30 students a week, and with 300+ sophomore, junior and senior advisees…..well, you can do the math!!! Use Starfish to select a time - no e-mails or phone calls for appointments please!!!!
6. Facebook and Twitter pages for Pre-Health!
   We have Facebook and Twitter pages for the UND Pre-Health programs!! Since both can be viewed by virtually anyone, both are for information only – I will not respond to questions posted on either. Please continue to use my UND e-mail address for any advising questions (kim.ruit@und.edu).

   Both pages will display the logo shown at the right. If you are into either of these social media sites, please be sure to follow us at:
   
   Facebook : UND Pre-Health
   Twitter : @UNDprehealth

7. Next Freshmen Advising Meeting on Monday, September 12th
   Please don’t forget these advising meetings for all FRESHMEN Pre-Health students! We meet at 8:00pm, in the Reed Keller Auditorium of the old UND SMHS. They are required if you plan to participate in any of UND’s Pre-Health programs!

<table>
<thead>
<tr>
<th>Meeting</th>
<th>Topics covered</th>
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<tbody>
<tr>
<td>#2: September 12th</td>
<td>Basic timelines and requirements of all of the programs</td>
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<tr>
<td>#3: October 10th</td>
<td>Deficiencies; dropping a class; planning and registering for Spring 2017</td>
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8. Interview Preparation Meeting on Wednesday, September 14th
   If your health professional school applications are submitted and you are hoping to have some interviews this year, then be sure to attend this meeting. I will go over information and strategies to consider when preparing for this important step in the admissions process. We will meet on Wednesday, September 14th, 7:30pm in the Haugen Lecture Hall of the old UNDSMHS.

9. 2016 MCAT Orientation Meeting on October 12th
   Are you planning to take the MCAT next spring? There will be a 2017 MCAT Orientation meeting on October 12, 2016 at 7:30pm in the Haugen Lecture Hall of the old UNDSMHS. I will cover information on the 2016 MCAT and the 2016 Kaplan MCAT Review Course.

10. UND’s Testing Center offers the MCAT, DAT, OAT, PCAT and GRE!!
    UND’s Testing Center, located in McCannel Hall is a Prometric testing site. They offer the MCAT, DAT and OAT, PCAT and GRE on selected dates. Keep in mind, however, that they only have 7 seats for these exams on any given date. You will need to register EARLY for any of these tests (3-6 months in advance) if you plan to take one here.

11. Student Success Center
    The SSC offers helpful programs, services and instruction to assist students in successful academic achievement at UND. These include: drop-in tutoring, online student success tutorials, and individual assistance and assessments for students with academic concerns. Check out their office in the second floor of the Memorial Union or browse their website at: http://und.edu/student-affairs/academic-support/.

12. Education Abroad Fair
    If you missed the Education Abroad Fair at the Memorial Union yesterday, don’t worry!! There will be another one in February – keep an eye on my newsletters for details as the date gets closer.

That’s it for now - have a great September!!!!

Kimberly A. Ruit
Health Sciences Advisor
College of Arts and Sciences