Welcome to all the new freshmen and transfer students!! This monthly newsletter is how I keep Pre-Health students up to date on all of the “need to know” things associated with life here at UND. Please be sure to read it thoroughly! Not everything will apply to you now, but eventually it may!!

Greetings to returning advisees!! I hope this finds you rested from the summer and eager to attack the challenges of another new school year!!!!

1. Fall Semester 2015 dates to remember
   - Last day to apply to graduate December 2015: September 22
   - Spring 2016 schedule of courses available on the web: October 9
   - Last day to drop a course or switch to S/U grading: November 13
   - Registration for Spring 2016 semester courses: November 2 - 20

2. Pre-Health webpages
   Be sure to check out all of my webpages for all Pre-Health Programs. The address is: http://arts-sciences.und.edu/pre-health/. You can also find them listed individually under “P” in the UND A-Z index. Announcements for meetings/events; handouts; links to important sites; my office hours and instructions for making appointments…. it’s all there!!! I am always tweaking these pages and would appreciate any feedback from you. I hope you find the m informative and easy to use!

3. Facebook and Twitter pages for Pre-Health!
   We have Facebook and Twitter pages for the UND Pre-Health programs!! Since both can be viewed by virtually anyone, both are for information only – I will not respond to questions posted on either. Please continue to use my UND e-mail address for any advising questions (kim.ruit@und.edu).
   Both pages will display the logo shown at the right. If you are into either of these social media sites, please be sure to follow us at:
   Facebook: UND Pre-Health
   Twitter: @UNDprehealth

4. Education Abroad Fair on Wednesday, September 9th
   UND partners with nine organizations to offer over 300 different study abroad opportunities and healthcare internships across the globe. Go for a summer, semester, or a whole academic year. The Education Abroad Fair will be held on Wednesday, September 9th, 10am-3pm in the Ballroom at the Memorial Union. Check out all your options, meet program reps, and talk to UND students who have studied abroad!

5. Interview Preparation Meeting on Wednesday, September 16th
   If your health professional school applications are submitted and you are hoping to have some interviews this year, then be sure to attend this meeting. I will go over information and strategies to consider when preparing for this important step in the admissions process. We will meet on Wednesday, September 16th, 7:30pm in the Haugen Lecture Hall of the UND SMHS.
6. Next Freshmen Advising Meeting on Monday, September 28th
Please don’t forget these advising meetings for FRESHMEN Pre-Health students! We meet at 8:00pm, in the Reed Keller Auditorium of the UND SMHS. They are required if you plan to participate in any of UND’s Pre-Health programs!

<table>
<thead>
<tr>
<th>Meeting</th>
<th>Topics covered</th>
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<tbody>
<tr>
<td>#2: September 28th</td>
<td>Basic timelines and requirements of all of the programs</td>
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<tr>
<td>#3: October 19th</td>
<td>Deficiencies; dropping a class; planning and registering for Spring 2016</td>
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7. 2016 MCAT Orientation Meeting on October 14th
Are you planning to take the MCAT next spring? There will be a 2016 MCAT Orientation meeting on October 14, 2015 at 7:30pm in the Haugen Lecture Hall of the UND SMHS. I will cover information on the 2016 MCAT and the 2016 Kaplan MCAT Review Course.

8. UND’s Testing Center offers the MCAT, DAT, OAT, PCAT and GRE!!
UND’s Testing Center, located in McCannel Hall is a Prometric testing site. They offer the MCAT, DAT and OAT, PCAT and GRE on selected dates. Keep in mind, however, that they only have 7 seats for these exams on any given date. You will need to register EARLY for any of these tests (3-6 months in advance) if you plan to take one here.

9. Student Success Center
The SSC offers helpful programs, services and instruction to assist students in successful academic achievement at UND. These include: drop-in tutoring, student success classes, and individual assistance and assessments for students with academic concerns.

They will be offering sessions as part of the Staying on Track 2015 program on September 8 & 9, October 6 & 7, and November 3 & 4. The sessions are different each day and cover various topics such as time management, taking notes, studying for tests, learning styles, etc. The full schedule is on their web page at: http://und.edu/student-affairs/student-services/learning-services/sotmainflyercorrected.pdf

Each session is 50 minutes long and will be held in the Lecture Bowl on the second floor of the Memorial Union. The folks at the SSC are wonderful and these sessions are very helpful – especially for first year students! Be sure to bring your student ID if you plan to attend any sessions.

10. Attention Sophomores, Juniors and Seniors
If you are continuing in your Pre-Health Program and hope to meet with me individually to discuss your Spring 2016 schedule, make your appointment NOW!!!!! September is a great time to meet and I have lots of openings. Once October begins, however, my times fill up very quickly. I can only see about 30 students a week, and with 300+ sophomore, junior and senior advisees…..well, you can do the math!!! Please call 777-2749 to set up a time. No e-mails for appointments please!!!!!

Also… please remember, as a courtesy to me and all my advisees: if you make an appointment to see me, you need to show up or call in advance to cancel. My advisee numbers are still high (over 500 now) and when you make an appointment and then don’t show up, you are taking time away from other students who need to see me too. Thanks for your help!!!

That’s it for now - have a great September!!!!

Kimberly A. Ruit
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College of Arts and Sciences