Welcome to all the new freshmen and transfer students!! This monthly newsletter is how I keep Pre-Health students up to date on all of the “need to know” things associated with life here at UND. Please be sure to read it thoroughly! Not everything will apply to you now, but eventually it may!!

Greetings to returning advisees!! I hope this finds you rested from the summer and eager to attack the challenges of another new school year!!!!!

Before we get too far into this year, please remember, as a courtesy to me and all my advisees: if you make an appointment to see me, you need to show up or call in advance to cancel. My advisee numbers are still high (over 500 now) and when you make an appointment and then don’t show up, you are taking time away from other students who need to see me too. Thanks for your help!!!

Here are some tidbits for this month:

1. **Fall Semester 2013 dates to remember**
   - Last day to apply to graduate December 2013: September 24
   - Spring 2013 schedule of courses available on the web: October 11
   - Last day to drop a course or switch to S/U grading: November 15
   - Registration for Spring 2014 semester courses: November 4 - 22

2. **Pre-Health webpages**
   Be sure to check out my webpages for all Pre-Health Programs. The address is: [http://arts-sciences.und.edu/pre-health/](http://arts-sciences.und.edu/pre-health/). You can also find them listed individually under “P” in the UND A-Z index. I am still tweaking them and would appreciate any feedback from you. I hope you find the new look and set-up easy to use!

3. **Facebook and Twitter pages for Pre-Health!**
   Thanks to Brianne in our main office, we have Facebook and Twitter pages for the UND Pre-Health programs!! Since both can be viewed by virtually anyone, both are for information only – I will not respond to questions posted on either. Please continue to use my UND e-mail address for any advising questions ([kim.ruit@und.edu](mailto:kim.ruit@und.edu))!
   Both pages will display the logo shown at the right. If you are into either of these social media sites, please check our pages out:
   - **Facebook**: UND Pre-Health. Be sure to “Like” it!
   - **Twitter**: @UNDPrehealth. Be sure to “Follow” it!

4. **Freshmen Advising Meetings** - 8:00pm, Reed Keller Auditorium
   Please don’t forget these advising meetings for freshmen Pre-Health students! They are required if you plan to participate in any of UND’s Pre-Health programs!

<table>
<thead>
<tr>
<th>Meeting</th>
<th>Topics covered</th>
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<tbody>
<tr>
<td>#2: Sept 16th</td>
<td>Basic timelines and requirements of all of the programs</td>
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<tr>
<td>#3: Oct 21st</td>
<td>Deficiencies; dropping a class; planning and registering for Spring 2014</td>
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5. **2014 MCAT Orientation Meeting on October 2, 2013**
   Are you planning to take the MCAT in 2014? There will be a **2014 MCAT Orientation meeting** on **October 2, 2013 at 7:30pm** in the Altru Lecture Hall (formerly United Lecture Hall) of the UNDSMHS. I will cover information on the 2014 MCAT and the 2014 Kaplan MCAT Review Course.

6. **Pre-Med Day at UNDSMHS on Saturday, October 26, 2013**
   The annual Pre-Med Day at the UNDSMHS is scheduled for **Saturday, October 26, 2013, in the Reed Keller Auditorium** (big lecture hall in the UND med school building). Registration is at 9:30am and sessions begin at 10:00am. A full schedule is printed on the UND Pre-Med web page. If you are Pre-Med, you should plan to attend this day at least once in your undergraduate years here at UND.

7. **McWhorter Pharmacy School rep on campus on Wednesday, October 30, 2013**
   Jonathan Parker, **Assistant Director of Admissions for the McWhorter School of Pharmacy at Samford University in Birmingham, Alabama**, will be on campus on Wednesday, October 30, 2013. He will be in the Memorial Room on the 2nd floor of the Union from 1-3pm for drop-in visits. Be sure to stop by and meet him if you have any interest in pursuing pharmacy studies!

8. **UND’s Testing Center offers the MCAT, DAT, OAT, PCAT and GRE!!**
   UND’s Testing Center, located in McCannel Hall is a Prometric testing site. They now offer the **MCAT, DAT and OAT, PCAT and GRE** on selected dates. Keep in mind, however, that they only have 7 seats for these exams on any given date. You will need to register EARLY for any of these tests (3-6 months in advance) if you plan to take one here.

9. **Student Success Center**
   The **SSC** offers helpful programs, services and instruction to assist students in successful academic achievement at UND. These include: drop-in tutoring, student success classes, and individual assistance and assessments for students with academic concerns.
   They will be offering the **Staying on Track 2013** program on Tuesday, October 8, 2013 and Wednesday, October 9, 2013. Sessions run 9am – 5pm and cover various topics such as time management, taking notes, studying for tests, learning styles, etc. The full schedule is on their web page at: [http://und.edu/student-affairs/student-services/staying-on-track.cfm](http://und.edu/student-affairs/student-services/staying-on-track.cfm). Each session is approximately 50 minutes long and will be held in the Lecture Bowl of the Memorial Union. The folks at the **SSC** are wonderful and these sessions are very helpful – especially for first year students! Be sure to bring your student ID if you plan to attend any sessions.

10. **Attention Sophomores, Juniors and Seniors**
    If you are continuing in your Pre-Health Program and hope to meet with me individually to discuss your Spring 2014 schedule, make your appointment NOW!!!!! September is a great time to meet and I have lots of openings. Once October begins, however, my times fill up very quickly. I can only see about 30 students a week, and with 300+ sophomore, junior and senior advisees…..well, you can do the math!!! Please call 777-2749 to set up a time. No e-mails for appointments please!!!!

That's it for now - have a great September!!!!

**Kimberly A. Ruit**
Health Sciences Advisor
College of Arts and Sciences