Greetings!! I hope all is going well as midterms approach!! Here are some odds and ends for this month:

1. **Fall Semester 2017 Dates and Deadlines:**
   - Friday, October 27th: Registration dates posted on your CampusConnection (CC) account
   - October 30th – November 17th: Early Registration for Spring 2018
   - Thursday, November 9th: Last day to drop a course (you may do this yourself on CC)
   - Thursday, November 9th: Last day to change a course to S/U grading (you need an advisor’s signature to do this)

2. **2018 MCATers**
   - If you were unable to make it to the meeting last week, please send me an email to get on the MCATers 2018 e-mail list.
   - I will forward you the handouts from the meeting and give you updates on the Kaplan MCAT Review Course and registration process for it as they become available.

3. **The Fall Required Freshman Advising Meetings are done!**
   - The final fall freshmen meeting was this week – now you get your Monday nights back!! Please remember, that meeting was the last time you could meet with me or Julie and ask us questions on Pre-Health for this semester. If you missed this meeting, we will not meet with freshmen individually to discuss what was covered, nor will we do any advising by e-mail until after Thanksgiving. You now need to meet with your major advisor for any schedule planning questions. If you are a 5 year student, we can meet after Thanksgiving or next spring semester to discuss your long range plan if we haven’t done so yet.
   - I have posted the presentation outlines from all four freshmen meetings on the UND Pre-Health Handouts webpage so you can see what you missed. That page is at: [http://arts-sciences.und.edu/pre-health/pre-health-handouts.cfm](http://arts-sciences.und.edu/pre-health/pre-health-handouts.cfm).
   - Please remember, Pre-Health freshmen will be required to attend one small group meeting in February – we will offer it multiple times – to do Summer 2018 and Fall 2018 planning. We will post the meeting times in the December and January Newsletters, along with instructions for how to sign up for them.

4. **NWHSU Chiropractic School on Campus October 16, 2017!**
   - Tony Klem, Senior Admissions Counselor from NWHSU Chiropractic School, will be on campus once again to meet with Pre-Chiropractic students on Monday, October 16th. He will be available for drop in visits in the Memorial Room of the Union from 11am-2pm. Be sure to stop by and introduce yourself!!

5. **Graduating in December?** Check out the Winter Graduation Expo on Oct 26th, 11am-4:15pm, Union Loading Dock.

6. **UND SMHS Pre-Med Day is coming up on Saturday, October 28, 2017!**
   - Reservations are required and space is limited, so if you plan to attend, you must RSVP Angela Beardenmphl by October 20th at: angela.beardenmphl@med.und.edu. The schedule for the day is at: [http://arts-sciences.und.edu/pre-health/pre-health-announcements.cfm](http://arts-sciences.und.edu/pre-health/pre-health-announcements.cfm).

7. **Courses not going as well as you had hoped so far this semester?**
   - Student Advising and Academic Support (McCannel Hall room 180) has a variety of educational resources, including tutoring, to help you succeed in college. Check out all they have to offer at: [http://und.edu/student-affairs/academic-support/](http://und.edu/student-affairs/academic-support/).

8. **Looking for some community service hours? Try STLF!**
   - Students Today Leaders Forever is a non-profit, student led leadership organization here on campus. Their motto is “achieving leadership through service, relationships and action.”
   - While STLF offers monthly service projects, the biggest thing they do is a Pay It Forward Tour (PIFT) over spring break. A coach bus full of UND college students spends 9 days traveling back and forth from Grand Forks to a “destination city”. Along the way, they stop in a new city each night, sleep in churches or rec centers, and wake up the next day to do a service project (e.g. painting, cleaning, serving food). Once they hit the destination city, they spend 3 days there, before returning to Grand Forks. The return trip is by a different route, stopping at different cities each night on the way home. Ask anybody who has done one – PIFT’s are lots of fun!! If you have any questions e-mail: und@stlf.net. Follow them on Facebook at “UND STLF Chapter”, or explore their website at: stlf.net to stay in the loop with the meeting and tour information.

9. **Looking for a medical mission trip and service hours? Try MEDLIFE!**
   - MEDLIFE is an organization that partners with low-income communities in Latin America and Africa to improve their access to medicine, education, and community development initiatives. They achieve their mission through Service Learning
Trips, the MEDLIFE Project Fund, and student empowerment to make a difference. MEDLIFE volunteers work closely with their Latin American staff and professionals on Service Learning Trips, and MEDLIFE chapters provide essential fundraising for the MEDLIFE Project Fund. The UND MEDLIFE chapter meets the first Tuesday of every month and offers trips abroad (usually Peru or Ecuador) during the winter and spring breaks. This is a well-run organization and many students have had the time of their life on these trips!! You can also arrange to earn credit for these trips through the Anthropology or Language departments. Check them out at: https://www.facebook.com/undmedlife?notif_t=page_new_likes. If you have questions or wish to join their listserv to get announcements, etc., contact the current president, Levi Hoffman (levi.hoffman@und.edu) or the club advisor, Dr. Becky Simmons (rebecca.simmons@und.edu).

10. Spring 2018 Early Registration is October 30- November 17, 2017
Spring 2018 Early Registration is just around the corner so it is time to plan! Classes for next semester are now posted in CC. When searching for classes for next semester, be sure to choose Spring 2018 before hitting the search button.

If you are new to campus (i.e. freshmen and transfers) and have a major in Arts and Sciences, please remember you need to complete the ARR Quiz (Assignment 1) in the CAS Advising Portal in BlackBoard before registering.

Please keep the following definitions in mind when it comes to selecting your classes:

1. “Requisite” is another word for requirement. A number of classes have requisites that need to be met in order to take them. A requisite can be anything from declaration of a particular major, enrollment in a particular program, completion of another class, or concurrent enrollment in another class.

2. A “Pre-Requisite” must be completed BEFORE you take the class (i.e., another class, declaring a major, etc.).

3. A “Co-Requisite” must be taken WITH the class (i.e., a lab, another class, etc.).

Here are answers to some common registration questions I get this time of the year:

1. When can I register? Students register in order of total number of credits completed. Check your CC account after October 27th to see the date and time you will be allowed to register for your spring classes.

2. How do I register? All students must register themselves for classes through CC.

3. The class I want is closed - now what? Some departments use electronic waiting lists, some use manual waiting lists, and some let the professors handle things once a class closes. Contact the department or instructor of the class for information or instructions. Advisors cannot get you into closed classes!!!!

4. CampusConnection won’t let me sign up for a class - WHY? Some of the more common reasons are:
   - you have a Hold on your account => Holds are indicated on your CC Student Center page – click on the Hold to find out who put it on your account
   - you have not completed (or are not currently in) a prerequisite for the course
   - you completed the prerequisite at another school (if the prerequisite course number on your transcript from the other school is different from the prerequisite course number here at UND, CC might not recognize it as a legitimate course - even if it is!) => contact the department chair or instructor of the course for help
   - you did not submit co-requisite classes together when you tried to enroll (i.e., choose both lab and lecture sections before hitting submit button)
   - you are trying to sign up for a class that is restricted to certain majors => choose another section or contact the instructor for permission
   - there is any overlap in start and end times for classes you chose

If CC does not allow you to register for a course, or you have other registration procedural questions, you need to check with One Stop or the Registrar’s Office!!

11. Restricted Classes for Pre-Health Students - you may take them, however...

1. Anatomy 204 (Anatomy for Paramed Personnel)
   The Anatomy 204 lecture sections are open to anyone. However, many of the lab sections are not. Pre-Health students may only sign up for the unrestricted lab sections (next spring they are sections 3, 6, 9, 12, 15, 18). If those unrestricted sections are all filled by the time you register, even if there are openings in restricted sections, you must contact the instructor of the class, Dr. Kenneth Ruit (kenneth.ruit@med.und.edu) to get waitlisted.

2. PPT 301 (Human Physiology)
   PPT 301 is restricted to certain majors, so you will need an override from the instructor, Dr. Jim Haselton, to get into the class. Dr. Haselton prefers to gives overrides for all of his classes electronically, so you need to contact him by e-mail (james.haselton@med.und.edu) for a permission code.

12. Interested in Research? Contact Dr. Emilie DeKrey at 777-3914 or emilie.dekrey@med.und.edu

Dr. Emilie DeKrey is looking for 2 undergraduates or premed students who would like to volunteer at least 8-10 hours a week in Dr. Marc Basson’s research lab. You would gain some lab experience by helping to genotype their mouse colonies and maintain cell culture lines. Although it is a volunteer (unpaid) position, they are willing to try to work out a way for you to get research credits. You would be able to put the experience on your resume and possibly gain authorship on future manuscripts.

That’s all for now – stay healthy and have a great October!!!

Kimberly Ruit, Health Sciences Advisor