Hope all is going well as midterms approach!!  Here are some odds and ends for this month:

1. **Fall Semester 2013 Dates and Deadlines:**
   - Friday, October 11th: Preliminary Spring 2013 schedule of courses on the web
   - Monday, October 21st: Freshman Advising Meeting #3 at 8pm
   - Friday, November 15th: Last day to drop a course (you may do this yourself on Campus Connection)
   - Friday, November 15th: Last day to change a course over to S/U grading (you need my signature to do this)

2. **2014 MCATers – I need your e-mail addresses!!!**
   If you are planning to take the MCAT in 2014, and did not make the 2014 MCAT Orientation meeting on October 2nd, please send me an e-mail indicating your intention to take the MCAT in 2014. There are numerous times I will need to contact all 2014 MCATers, so I want to get a database of e-mail addresses together. Thanks!!

3. **2014 Kaplan MCAT Review class**
   Registration for the 2014 Kaplan MCAT Review class is now open. Current or former UND students may contact Mrs. Ruit by e-mail for registration instructions and a promo code to reduce the course cost to $1399. The promo code is only good until November 30 – if you register after that date, you will have to pay the full course cost of $1999!

4. **UNDSMHS Pre-Med Day is coming up on Saturday, October 26, 2013!**
   See the schedule for the day at: [http://arts-sciences.und.edu/pre-health/pre-health-announcements.cfm](http://arts-sciences.und.edu/pre-health/pre-health-announcements.cfm)

5. **Staying on Track 2013**
   The Student Success Center will be hosting the Staying on Track program on Tuesday, October 8 and Wednesday, October 9 in the Memorial Union Lecture Bowl. Staying on Track is a series of sessions designed to help students "stay on track" through their college career. Students can attend one or as many sessions they'd like and are asked to bring their student ID card with them. This year, the sessions are as follows:
   **Tuesday, October 8**
   - 10:00 – 10:50am  Time Management
   - 11:00 – 11:50am  Technologies for Your Success
   - 12:00 noon – 12:50pm  Keep Going – Preparing for Advisement and Registration
   - 1:00 – 1:50pm  Student Organizations: Getting Involved on Campus
   - 2:00 – 2:50pm  Learning Styles: You May Learn Differently Than Your Classmates
   - 3:00 – 3:50pm  Why Health and Wellness?
   - 4:00 – 4:50pm  Financial Wellness
   **Wednesday, October 9**
   - 9:00 – 9:50am  Working in a Group: Making it Work for You
   - 10:00 – 10:50am  To Cite or Not to Cite: Understanding “Common Knowledge” and Avoiding Plagarism
   - 11:00 – 11:50am  Studying For and Taking a Test
   - 12:00 noon – 12:50pm  It’s Your Library
   - 1:00 – 1:50pm  Taking Notes: In & Out of the Classroom
   - 2:00 – 2:50pm  Keep Going – Preparing for Advisement and Registration
   - 3:00 – 3:50pm  Stress Management

6. **Campus Connection User Instructions**
   All students at UND use Campus Connection to access their accounts, including registering for courses. Since Early Spring Registration is less than a month away, if you are new to UND and the Campus Connection system, you will want to familiarize yourself with it. Instructions for using it can be found at: [http://und.edu/student-affairs/student-services/advising/campusconnectioninstructions.pdf](http://und.edu/student-affairs/student-services/advising/campusconnectioninstructions.pdf)

7. **Spring Early Registration November 4-22, 2013**
   Spring Early Registration is just around the corner! Classes planned next semester by each department will be listed on CampusConnection by October 11th. (Current course listings are tentative and may not be entirely correct). When searching for classes for next semester, be sure to indicate Spring 2014 before hitting the search button. Here are answers to some common questions I get about this time:
   1. **When can I register?** At UND, students register in order of total number of credits completed. Check your CampusConnection account later this month to see the date and time you will be allowed to register for your spring classes. Times should be posted on your accounts by November 1st.
2. How do I register? All students must register themselves for classes through CampusConnection. I can tell you what classes to take, however registering for them is up to you!!!

3. The class I want is closed - now what? All may not be lost! Some departments use electronic waiting lists, some use manual waiting lists, and some let the professors handle things. Contact the department of the class you are trying to get into to see how to proceed from there. I cannot get you into closed classes!!!!

4. CampusConnection won’t let me sign up for a class - how come? There are numerous reasons CampusConnection may not let you sign up for a course(s) – some of the more common are:
   - you have a “Hold” on your account (indicated on your Campus Connection Student Center page):
     - Business Office Hold (usually means you have an unpaid bill or parking ticket)
     - Immunization Hold (Student Health Services still needs your immunization record)
     - OAE Academic Hold (you haven’t completed the Online Alcohol Education required of all freshmen)
     - Departmental Hold (some departments require you to meet with an advisor before you may register)
   - you have not completed (or are not currently in) a prerequisite for the course
   - you completed the prerequisite at another school (if the prerequisite course number on your transcript from the other school is different from the prerequisite course number here at UND, CampusConnection won't recognize it as a legitimate course - even if it is!)
   - you do not submit co-requisite classes together (i.e., choose both lab and lecture sections before hitting submit button)
   - there is any overlap in start and end times for classes you choose - obvious overlaps (class #1 ends at 9:50 and class #2 starts at 9:30) are a problem, however, even the same end and start time will be considered an overlap by CampusConnection (class #1 ends at 9:50 and class #2 starts at 9:50).
   - you are trying to sign up for a class that is restricted to certain majors in majors. There are some departments require you to meet with an advisor before you may register)

If CampusConnection does not allow you to register for a course, and is giving you a reason that you do not understand or makes no sense, then check with the Registrar's Office.

8. Restricted Classes

1. Anatomy 204 (Anatomy for Paramed Personnel)
   The two lecture sections of Anatomy 204 are open to anyone. However, most of the lab sections are restricted to certain majors. There are a few lab sections that are open to anyone, and Pre-Health students must sign up for those sections only (next spring they are sections 3, 6, 9, 12, 15 and 18). If those unrestricted sections are all filled by the time you register, put yourself on the electronic waiting list with the fewest students. Anatomy will fill any remaining space in the restricted sections with waiting list occupants for each section at the end of the semester. Any questions regarding the class or lab need to go to the instructor, Dr. Jon Jackson.

2. PPT 301 (Human Physiology)
   PPT 301 is restricted to certain majors, so you will need an override from the instructor, Dr. Jim Haselton, to get into the class. Dr. Haselton prefers to gives overrides for all of his classes electronically, so you need to contact him by e-mail (james.haselton@med.und.edu). Be sure to include your name, the course you want (in this case, PPT 301) and your student ID number. Remember, Anatomy 204 is a pre-requisite for PPT 301!!

9. McWhorter School of Pharmacy rep on campus October 30, 2013, 1-3pm
   Jonathan Parker, Assistant Director of Pharmacy Admission for the McWhorter School of Pharmacy at Samford University in Birmingham, Alabama will be on campus to visit with students on October 30th. He will be in the Memorial Room of the Union from 1-3pm for drop-in visits. If you are thinking about pursuing Pharmacy, or even if you are not sure which direction in health care you would like to go, stop by and meet him to see if pharmacy and/or McWhorter is for you!!

10. Keep Calm and Get Your Flu Shot!
   Flu shots will be available on campus beginning October 21st - see the Student Health website for dates and locations at: http://und.edu/health-wellness/student-health/ files/shs-flu-shot-flyer.jpg.

That's all for now – stay healthy and have a great October!!!

Kimberly Ruit, Health Sciences Advisor