Hi Gang!! Here are some tidbits for March...

1. Dates and Deadlines Spring 2017:
   - Spring Break: March 13-17
   - Spring Early Registration: April 3-21
   - Easter Holiday: April 14-17
   - Last date to drop a course, or change a course to S/U grading*: April 7
   - Finals Week: May 8-12

   *Remember, you should speak with someone (either your major advisor or me) before dropping a class or switching a class to S/U grading to be sure there are no consequences for you with financial aid, scholarships, athletic eligibility, housing, insurance, graduation, etc.

2. Spring Break Suggestions for Juniors
   Applications are just around the corner for you juniors! There are some loose ends that you may need to tie up over spring break so you are ready to hit the ground running in the second half of the semester:
   - **Settle on the health professional schools to which you will apply**
     Since most applications will ask you to indicate the courses you intend to take next year, you need to double check requirements of your “go-to” schools to make sure you haven’t missed anything – and plan your senior year classes accordingly!
   - **Settle on the authors you will ask for LOR’s**
     Double check Letter of Recommendation author requirements for your “go-to” schools to finalize your “list” of authors – plan to make initial contact with them before the end of the semester.
   - **Visit Testing Centers**
     Be sure to visit your testing site so you know what to expect for your day there. Pay particular attention to how they manage scrap paper (actual paper, laminated sheets, whiteboards, etc.) so you can simulate the same conditions and practice test effectively after break.
   - **WICHE State Students** ([http://www.wiche.edu/psep](http://www.wiche.edu/psep))
     Be sure to contact your state over spring break to fill out any forms they may want completed before you apply to health professional schools this summer.

3. 2017 MCATers
   Registration for all 2017 testing dates is currently open. If you haven’t picked a date yet, you need to do so fairly quickly before the spots are all gone!! Register for the MCAT at: [https://students-residents.aamc.org/applying-medical-school/taking-mcat-exam/](https://students-residents.aamc.org/applying-medical-school/taking-mcat-exam/)

4. March 22nd: Life Chiropractic College West Recruiter on Campus!
   Joseph Jennings, recruiter for **Life Chiropractic College** in Hayward, CA, will be on campus to share info about the chiropractic profession and the educational opportunities at his school. He will be available for drop-in visits from 9-11am, Wednesday, March 22nd, in our Conference Room (Room 1917) in the Former Med School building. Stop by to see if this profession and/or school is right for you!!

5. March 29th: All College Meeting for freshmen at the Union Loading Dock, 2pm!
   We will be holding our inaugural “All College Meeting” for first year students on Wednesday, March 29th at 2pm. You will be getting an e-mail about it after Spring Break and an RSVP is required to attend. We will be discussing your Academic Requirements Report (ARR) found in Campus Connection, navigating the Academic Catalog, and the upcoming registration process. We will also be demonstrating the new “Schedule Planner” feature that is sure to make things much easier for everyone when registering!! This meeting is not mandatory, however, if you plan to come, bring your UND photo ID. Everyone in attendance will be entered into the drawings for door prizes by swiping your ID at the door. The grand prize is **$500 towards your books for Fall 2017**!! Such a deal!!!
6. Early registration for Summer 2017 and Fall 2017 starts Monday, April 3rd. Be sure to check Campus Connection and take care of any “Holds” (Advisor, Business, Financial Obligation Agreement, etc.) now so you may register on time. I don't put Holds on accounts so I cannot remove any!! Registration times for both Summer and Fall will be posted separately on your account by March 31st.

When planning your schedule, remember there are restrictions on classes you may want to take next fall:

**Anatomy 204**
Anyone may take the Anatomy 204 lecture, however many sections of the Anatomy 204 lab are restricted. Pre-Health students may only sign up for the lab sections that are unrestricted. For Fall 2017, the unrestricted sections are 3, 6, 9, 12, and 15. Pre-Health students will not be given overrides into other sections and there will be no wait lists!!

**PPT 301 – Human Physiology**
PPT 301 is restricted to certain majors, so you will need an override to get into the class even if you take it in the online format. As long as you have completed Anatomy 204 lecture (a prerequisite for PPT 301), you may get "restricted to major" overrides from the instructor, Dr. Jim Haselton. Dr. Haselton prefers to give overrides for all of his classes electronically, so you will need to contact him by e-mail to get one (james.haselton@med.und.edu). Be sure to include your name, student ID number, and the course you want (in this case, PPT 301). Be sure to mention in your e-mail that you have completed Anatomy 204. He will send you a code to type into Campus Connection so you can register yourself for the class.

7. May 2017 Graduation Expo: April 4th, 11am-4pm, Memorial Union Loading Dock
If you are graduating this spring, check out the Graduation Expo - a one-stop information source where you can:
- Check with the Registrar's Office representative to verify your degree and name as it should appear on your diploma
- Talk to Financial Aid staff about any questions relating to student loans and payments
- Purchase your commencement regalia - Caps, gowns, tassels, and hoods will be available
- Visit with the UND Alumni Association and Foundation regarding services now available to new graduates and how to keep in touch with UND
- View samples of posed and candid photos taken at the commencement ceremony by our official photographer
- Consider diploma framing options
- Visit Financial Wellness to plan for your financial future
- Discover how Career Services can help you in your job search and future career development
- Learn about what you need to do to move out of University Housing
- Check out the School of Graduate Studies display to pick up information on graduate programs at UND

8. Spring 2017 Final Exam Schedule is already posted.... check it by April 7th!
Current UND policy is that you do not have to take more than two finals on any given day during finals week, BUT you have to give your instructors advanced notice if you want to change a particular final to a different day! Be sure to check your final exam schedule now – you must contact your instructors before the last day to drop a class (this semester that date is April 7th) if you want to reschedule! Final exam times are listed at: http://und.edu/academics/registrar/final-exam-schedules.cfm

9. Session on Navigating the Health Professional School Application Process
I will be doing an info session on the health professional school application process for those of you planning to apply to those schools this summer. I will cover writing personal statements, getting letters of recommendation, getting transcripts and the application submission/processing timeline. Plan to join me on:
- Date: Tuesday, April 18, 2017
- Time: 7:00pm – 9:00pm
- Place: Haugen Lecture Hall, UNDSMHS

That’s all for now – Have a safe and restful Spring Break!!

Kimberly A. Ruit, Health Sciences Advisor