Hi Gang!! Here are some tidbits for March...

1. Dates and Deadlines Spring 2016:

   - Spring Break: March 14-18
   - Easter Holiday: March 25-28
   - Spring Early Registration: April 4-28
   - Last date to drop a course, or change a course to S/U grading*: April 8
   - Finals Week: May 9-13

   *Remember, you should speak with someone (either your major advisor or me) before dropping a class or switching a class to S/U grading to be sure there are no consequences for you with financial aid, scholarships, housing, insurance, graduation, etc.

2. Here’s a unique opportunity - the UND SMHS needs you to be a patient!!

   The UND SMHS is looking for some “patients” for their upcoming med student exams. They will pay $15.00 per hour for your help. The dates and times are:
   - Monday afternoon, March 7 from 12:30 pm until 6:30 pm. The med students are being tested on medical interviewing, so “patients” would have to learn a medical history and be interviewed only, no physical exam.
   - Thursday morning, March 10 from 7:30 am until Noon. The med students are being tested on the neuromuscular exam, so “patients” have to let the students demonstrate that exam on them. You will need to wear shorts, or shorts & sports bra.

   If you can help out, or if you want more information, please contact Lindsay Sannes ASAP at the med school – her e-mail is: lindsay.sannes@med.und.edu.

3. Optician job available immediately at JC Penney Optical!

   JC Penney Optical is looking for a student to train as an optician for part time work. You would be working with the optometrist and patients fitting/fixing glasses and other routine patient care/office work. They are willing to work around your schedule. Contact Greg at 746-4810 for more info or to apply.

4. The Northlands Rescue Mission is offering an internship!

   The Northlands Rescue Mission is looking for students to come and pass prescriptions to residents and also fill prescription bags. No previous experience is required and hours can be worked out through management and are very flexible. If you are interested, call Lauralee at 218-330-2008 or e-mail Katelynn Pedersen at katelynn.pedersen@und.edu.

5. Orientation 2016 leaders needed!!

   The Student Success Center is seeking enthusiastic students to serve as Orientation 2016 Leaders for UND’s summer orientation program! If you are searching for summer employment, and would like to expand your skills in the areas of leadership, interpersonal communication, organization, and time management, please consider applying for this position.

   The position description and application are available through the JobX site – follow this link: https://UND.studentemployment.ngwebsolutions.com/JobX_FindAJob.aspx. Be sure to attach an up-to-date resume and apply ASAP – the first training date is April 14, 2016!


   You should be able to check Campus Connection April 1st to find out your registration time. If you are currently a sophomore, junior or 5 year student, and would like to see me to discuss your schedule for next semester/year, you need to use the Starfish system or call the A&S Office at 777-2749 during regular business hours to make an appointment. No e-mails for appointments please!!! Make your appointment soon as my times will fill up fast after spring break!! Both Summer 2016 and Fall 2016 classes are now posted on CampusConnection.
7. **May 2016 Graduation Expo: April 5th, 11am-4pm, Memorial Union Loading Dock**
   If you are graduating this spring, check out the Graduation Expo - a one-stop information source where you can:
   - Check with the Registrar's Office representative to verify your degree and name as it should appear on your diploma
   - Talk to Financial Aid staff about any questions relating to student loans and payments
   - Purchase your commencement regalia - Caps, gowns, tassels, and hoods will be available
   - Visit with the UND Alumni Association and Foundation regarding services now available to new graduates and how to keep in touch with UND
   - View samples of posed and candid photos taken at the commencement ceremony by our official photographer
   - Consider diploma framing options
   - Visit Financial Wellness to plan for your financial future
   - Discover how Career Services can help you in your job search and future career development
   - Learn about what you need to do to move out of University Housing
   - Check out the School of Graduate Studies display to pick up information on graduate programs at UND

8. **Spring 2016 Final Exam Schedule is already posted…. check it by April 8th!**
   Current UND policy is that you do not have to take more than two finals on any given day during finals week, BUT you have to give your instructors advanced notice if you want to change a particular final to a different day! Be sure to check your final exam schedule now – you must contact your instructors before the last day to drop a class (this semester that date is April 8th) if you want to reschedule! Final exam times are listed at: [http://und.edu/academics/registrar/final-exam-schedules.cfm](http://und.edu/academics/registrar/final-exam-schedules.cfm)

9. **Session on Navigating the AAMCAS and AACOMAS Application Process**
   I will be doing an info session on the med/osteopathic med application process for those of you planning to apply to those schools this summer. I will cover writing personal statements, getting letters of recommendation, getting transcripts and the application submission/processing timeline. Plan to join me on:
   - **Date:** Tuesday, April 12, 2016
   - **Time:** 7:00pm – 9:00pm
   - **Place:** Haugen Lecture Hall, UNDSMHS

10. **Palmer Chiropractic Rep on campus April 21, 2016**
    Kelan Ritchie, Admissions Representative from Palmer College of Chiropractic in Davenport, Iowa, will be on campus for a recruiting visit:
    - **Date:** Thursday, April 21, 2016
    - **Time:** 11am – 2pm
    - **Place:** Memorial Room of the Memorial Union (2nd floor, west end)
    Be sure to stop by, introduce yourself and get the scoop on Palmer. Making these initial contacts, no matter how far along you are in your journey to health professional school, is important!! Showing early interest in a school might just help things a bit when it comes time for them to evaluate your application!

11. **Major advisors**
    Please remember that I am a secondary advisor and not the final authority on any majors other than IDS: Health Sciences. Be sure to touch base with your major advisor this semester as well. They will be more up to date on program, personnel or policy changes within their departments.

That’s all for now – Have a safe and restful Spring Break!!

*Kimberly A. Ruit, Health Sciences Advisor*